

Attachment 1

Location of relocated CCC gymnasium programs
to accommodate CGP Fitness Centre

Centennial Community Centre Gym

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 AM							
7:45 AM							
8:00 AM							
8:15 AM							Pilates - moved to Century House Douglas-Fir room
8:30 AM							
8:45 AM							
9:00 AM							
9:15 AM						Step & Sculpt - moved to Century House MP room	
9:30 AM	Workout - moved to Centennial Lodge	Cardio Mix - CCC - River room	Workout - moved to Centennial Lodge	Cardio Mix - CCC River room	Workout - moved to Centennial Lodge		Workout - moved to Century House MP room
9:45 AM							
10:00 AM							
10:15 AM							
10:30 AM						Power Yoga - Moved to Century House A/B/C room	
10:45 AM			Power Yoga - moved to Centennial Lodge				
11:00 AM							
11:15 AM							
11:30 AM							
11:45 AM							
12:00 PM							
12:15 PM							
12:30 PM						Birthday parties - CCC MP rooms	Birthday parties - CCC - MP rooms
12:45 PM							
1:00 PM							
1:15 PM							
1:30 PM							
1:45 PM						Pickleball 1:30-3 - extended to 2 hours and moved to Herbert Spencer	Pickleball 1:30-3 - extended to 2 hours and moved to Herbert Spencer
2:00 PM							
2:15 PM							
2:30 PM							
2:45 PM							
3:00 PM			Sportball - moved to Martial Arts room CCC				
3:15 PM							
3:30 PM							
3:45 PM							
4:00 PM	Hyack Swim Club - if space req. can accommodate CCC	Hyack Swim Club - if space req. can accommodate CCC		Hyack Swim Club - if space req. can accommodate CCC	Hyack Swim Club - if space req. can accommodate CCC		
4:15 PM							
4:30 PM							
4:45 PM							
5:00 PM							
5:15 PM	Interval Training - moved to Century House Douglas-Fir room		Functionally Fit - moved to Century House Douglas-Fir room				
5:30 PM		Body Flow - moved to Century House Douglas-Fir room		Body Flow - moved to Century House Douglas-Fir room			
5:45 PM							
6:00 PM							
6:15 PM						Zumba - Change time to 6:00-7:00 - Century house MP room	
6:30 PM	Power Yoga - Moved to Century House A/B/C room		Yoga - Moved to Century House A/B/C room				
6:45 PM		Stretch - Moved to Century House A/B/C room		Stretch - Moved to Century House A/B/C room			
7:00 PM							
7:15 PM							
7:30 PM							
7:45 PM							
8:00 PM							
8:15 PM							
8:30 PM							
8:45 PM							
9:00 PM							
9:15 PM							
9:30 PM							
9:45 PM							