

Attachment 1

Types of Facilities and Programs

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<u>Licensed Addictions Treatment Programs</u>: offer 30 to 60 day intakes, counselling and peer support, and structured life skills and social supports. These programs engage credentialed staff, including behavioural therapists and clinical counsellors. All lawfully licensed addictions and substance use programs must follow the legislation as set out in the Community Care and Assisted Living Act and the Residential Care Regulation.

Registered Supportive Recovery Residences: offer assisted living services to people who are looking to work on their wellness goals in a communal environment. They include support to abstain from or reduce harms associated with addictions or substance use; assistance in stabilizing or preparing for the next steps of the recovery journey; and help in building skills and confidence to achieve recovery goals. Features of registered programs include: 30 day to six-plus month intakes; peer-led counselling and support; psychosocial support; and structured psycho educational, life skills and social skills. These programs typically do not engage clinicians or medical professionals. All lawfully registered supportive recovery residences must follow the legislation as set out in the Community Care and Assisted Living Act and the Assisted Living Regulation.